

# Home Cooked Daily Lunch Menu

	Dish 1	Dish 2	Dish 3	Soup
DAY 1	Honey Chicken 糖汁鸡	Seasonal Green Vegetables 当季青菜	Tofu with Minced Pork 肉碎豆腐	Wintermelon Pork Ribs Soup 冬瓜萝卜排骨汤
DAY 2	Fried Fermented Pork Belly 南乳炸肉		Trio of Mushrooms with Chives 韭葱焖三菇	Chinese Yam And White Fungus Chicken Soup 山药银耳汤
DAY 3	Ginger & Spring Onion Fish 姜葱鱼		Fried Egg with Garden Vegetables 双丝炒蛋	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 4	Steamed Chicken with Ginger Paste 姜蓉鸡		Braised Bean Curd Skin With Mushrooms 香菇焖腐皮	Dried Bok Choy Chicken Soup 白菜干鸡汤
DAY 5	Steamed Pork Belly with Shrimp Paste 虾酱蒸五花肉		Vietnamese Springrolls 越式春卷	Carrot Raddish Pork Ribs Soup 双白萝卜排骨汤
DAY 6	Fried Fish Fingers with Sweet Chili Sauce 甜辣鱼柳条		Beancurd with Crab Bites 蟹粒豆腐	Lotus Peanut Pork Ribs Soup 藕花生排骨汤
DAY 7	Kam Heong Chicken 甘香鸡		Bitter Gourd Egg 苦瓜炒蛋	Abc Chicken Soup Abc鸡汤
DAY 8	Sliced Pork with Garlic Sauce 鱼香肉片		Hairy Gourd with Dried Shrimp 毛瓜炒虾米	Wintermelon Sweet Corn Pork Ribs Soup 冬瓜玉米排骨汤
DAY 9	GongPao Fish 宫保鱼		Sweet Sour Hotdog 酸甜香肠	Chinese Yam And White Fungus Chicken Soup 山药银耳汤
DAY 10	Curry Chicken 咖喱鸡		Golden Fried Wanton 炸云屯	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 11	Hainanese Fish Fingers 海南炸鱼柳		Fried Beancurd with Honey Lemon Sauce 柠檬蜜汁豆腐	Dried Bok Choy Chicken Soup 白菜干汤
DAY 12	Cereal Chicken 麦片鸡丁		Tomato Fried Omelette 番茄炒蛋	Carrot Raddish Pork Ribs Soup 双白萝卜排骨汤
DAY 13	Steamed Pork with Preserved Vegetables 梅菜扣肉		Beancurd Thai Style 泰式豆干	Herbal Bak Kut Teh Soup 药炖肉骨茶汤
DAY 14	Steamed Fish with Spicy Garlic Sauce 辣蒜蚝油蒸鱼		Trio of Egg 三色蛋	Abc Chicken Soup Abc 鸡汤
DAY 15	Teriyaki Chicken 照烧鸡扒		Ngho Hiang in Ketchup Sauce 茄汁洋葱五香粒	Wintermelon Pork Ribs Soup 冬瓜萝卜排骨汤
DAY 16	Steamed Chicken with Mushrooms 香菇鸡		Fried Beancurd with Spicy Hoisin Sauce 辣拌海鲜浆豆腐	Blackbean Peanut Chicken Soup 黑豆花生汤
DAY 17	Stir Fried Black Pepper Pork 黑胡椒猪肉		Onion Hotdog 洋葱香肠	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 18	Chaipo with Steamed Fish 菜铺蒸鱼		Seafood Roll 海鲜卷	Pig Stomach With White Pepper Soup 胡椒猪肚汤
DAY 19	Braised Chicken with Bitter Gourd 苦瓜焖鸡		Fuyong Omelet 芙蓉蛋	Dried Bok Choy Pork Ribs Soup 白菜干排骨汤
DAY 20	Hakka Braised Pork 客家卤肉		Fried Spring Roll 炸春卷	Carrot Raddish Pork Ribs Soup 双白萝卜排骨汤
DAY 21	Prawn Paste Chicken Wing 虾酱鸡翅		Beancurd w Shrimp & Mixed Vegetables 虾仁豆腐	Abc Chicken Soup Abc 鸡汤
DAY 22	Fried Fish with Tartar Sauce 炸鱼配奶油酱		Baked Bean Sausage 番茄焗豆香肠	Bak Kut Teh Soup 肉骨茶汤
DAY 23	Thai Basil Chicken 泰式九层塔鸡		Fried Chicken Gyoza 鸡肉煎饺	Wintermelon Sweet Corn Pork Ribs Soup 冬瓜玉米排骨汤
DAY 24	Teochew Braised Duck 潮州卤鸭		Mushroom Omelette 蘑菇炒蛋	Blackbean Peanut Chicken Soup 黑豆花生汤
DAY 25	Stir-Fried Pork with Ginger & Spring Onion 姜葱猪肉		Golden Fried Beancurd Roll 腐皮卷	Papaya Carrot Pork Ribs Soup 红萝卜木瓜排骨汤
DAY 26	Steamed Fish H.K. Style 港式蒸鱼		Golden Fried Breaded Scallop 炸带子	Herbal Chicken Soup 药材鸡汤
DAY 27	Honey Turmeric Chicken 蜜汁黄姜鸡		Mapo Tofu 麻婆豆腐	Pig Stomach With White Pepper Soup 胡椒猪肚汤
DAY 28	Stir Fried Pork with Oyster Sauce 蚝油炒猪肉		Salted Egg Beancurd 咸蛋豆干	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 29	Sweet & Sour Fish 酸甜鱼		Fried Springrolls 炸春卷	Chinese Yam And White Fungus Chicken Soup 山药银耳汤
DAY 30	Golden Fried Chicken with Sambal Chili 参芭炸鸡		Golden Fried Wonton 炸云屯	Abc Chicken Soup Abc鸡汤
DAY 31	Stir-fried Chicken With Bean Paste 豆酱鸡		Tomato Baked Beans with Potato 茄汁豆马铃薯	Sichuan Vegetable Soup 四川菜汤

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# Home Cooked Daily Dinner Menu

	Dish 1	Dish 2	Dish 3	Soup
DAY 1	Taiwanese Braised Pork 台式卤肉	Seasonal Green Vegetables 当季青菜	Steam Egg with Minced Meat 肉碎蒸蛋	Wintermelon Pork Ribs Soup 冬瓜萝卜排骨汤
DAY 2	Hong Kong Style Steamed Fish 香港蒸鱼		Braised Beancurd Stick with Mushroom 焖腐竹香菇	Chinese Yam And White Fungus Chicken Soup 山药银耳汤
DAY 3	Hainanese Chicken 海南鸡		Golden Fried Beancurd with Thai Chili 泰式豆腐	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 4	Garlic Soy Fish 蒜蓉鱼		Golden Fried Ngho Hiang 炸五香	Dried Bok Choy Chicken Soup 白菜干鸡汤
DAY 5	Steamed Chicken with Mushrooms 冬菇蒸鸡		Braised Egg & Beancurd 卤蛋豆干	Carrot Raddish Pork Ribs Soup 双白红萝卜排骨汤
DAY 6	Ginger Sesame Pork Slices 姜爆麻油猪肉		Fried Spring Rolls 炸春卷	Lotus Peanut Pork Ribs Soup 藕花生排骨汤
DAY 7	Stir Fry Fish in Black Bean Sauce 速炒豆瓣鱼		Golden Fried Rolled Beancurd Skin 腐皮卷	Abc Chicken Soup Abc鸡汤
DAY 8	Steamed Shaoxing Wolfberries Chicken 绍兴枸杞蒸鸡		Stir-fried Bean Curd with Leek 韭葱炒豆腐	Wintermelon Sweet Corn Pork Ribs Soup 冬瓜玉米排骨汤
DAY 9	Stir Fry Pork and Mushroom 香菇炒肉片		Stir Fry Eggplant 香焖茄子	Chinese Yam And White Fungus Chicken Soup 山药银耳汤
DAY 10	Steamed Fish in Sweet and Savory Tauchu Sauce 豆瓣蒸鱼		Seafood Roll 四色卷	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 11	Chicken With Sweet and Spicy Sauce 香辣鸡		Sweet Sour Fried Ngho Hiang Sheets 炸扁香	Dried Bok Choy Chicken Soup 白菜干汤
DAY 12	Fermented Pork 南乳肉		Braised Beancurd with Mixed Vegetables 红烧豆腐	Carrot Raddish Pork Ribs Soup 双白红萝卜排骨
DAY 13	Fish in Tomato Sauce 蕃茄鱼		Shrimp Egg 虾仁炒蛋	Herbal Bak Kut Teh 药炖肉骨茶汤
DAY 14	Fried Sesame Chicken 香嫩芝麻鸡		Stir Fried Potato with Sausage 土豆炒香肠	Abc Chicken Soup Abc鸡汤
DAY 15	Black Bean Pork Slices 豆豉肉片		Colorful Roll 七色卷	Wintermelon Pork Ribs Soup 冬瓜萝卜排骨汤
DAY 16	Honey Lemon Fish 柠檬鱼		Sambal Egg 参巴蛋	Blackbean Peanut Chicken Soup 黑豆花生汤
DAY 17	Roast Chicken 烧鸡扒		Crab Bites with Tofu 蟹粒豆腐	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 18	Stir Fried Ginger with Pork Slices 姜丝猪肉		Chaipo Egg 菜脯蛋	Pig Stomach With White Pepper Soup 胡椒猪肚汤
DAY 19	Salted Vegetable Fish 咸菜鱼		Taupok with Hoisin Sauce 海鲜酱豆卜	Dried Bok Choy Pork Ribs Soup 白菜干排骨汤
DAY 20	Teriyaki Chicken 日式烧酱鸡		Cheesy Potato Wedges 炸薯片配芝士	Carrot Raddish Pork Ribs Soup 双白红萝卜排骨
DAY 21	Crispy Chilli Fish 辣椒鱼		Stir Fried Egg with Chives 韭菜鸡蛋	Abc Chicken Soup Abc鸡汤
DAY 22	Black Pepper Pork 黑胡椒猪扒		Shredded Turnip with Dried Shrimp 沙葛炒虾米	Bak Kut Teh Soup 肉骨茶汤
DAY 23	Fried Fish with Coriander Lime Sauce 香菜柠檬汁炸鱼		Mapo Tofu 麻辣豆腐	Wintermelon Sweet Corn Pork Ribs Soup 冬瓜玉米排骨汤
DAY 24	Stir Fried Sichuan Vegetable with Shredded Pork 四川菜炒肉丝		Steam Egg with Chaipo 菜圃蒸蛋	Blackbean Peanut Chicken Soup 黑豆花生汤
DAY 25	Breaded Chicken Cutlet 日式咖喱鸡扒		Sambal Eggplant 参巴茄子	Papaya Carrot Pork Ribs Soup 红萝卜木瓜排骨汤
DAY 26	Fried Pork Belly with Garlic 蒜蓉炸猪肉		Cheesy Fish Fingers 芝士鱼柳	Herbal Chicken Soup 药材鸡汤
DAY 27	Teochew Style Steam Fish 潮州蒸鱼		Vermicelli Dried Shrimp with Minced Beef 冬粉虾米拌牛肉碎	Pig Stomach With White Pepper Soup 胡椒猪肚汤
DAY 28	Sesame Oil Chicken 麻油鸡		Tempura Prawn 日式炸虾	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 29	Stir Fried Pork with Green Peppers 青椒猪肉丝		Tomato Fried Egg 番茄蛋	Chinese Yam And White Fungus Chicken Soup 山药银耳汤
DAY 30	Steam Soya & Ginger Fish 姜丝蒸鱼		Crispy Chinese Prawn Fritters 台式鸡丁	Abc Soup Abc 排骨汤
DAY 31	Fried Pork Chop with Orange Sauce 橙汁猪扒		Fried Lala Clams with Ginger Wine 姜酒啦啦	Black Bean Soup 黑豆汤

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